Healing the Heart of Rural India: Dr. Raman Kishor's Lifelong Mission to Serve the Underserved as the "Gaon ka Doctor"

This is the story of a doctor's journey from a remote village in Bihar to one of the prestigious medical institutions, AIIMS Patna, and then back to serving the needy people in the very villages where he began, spending his own salary.

Introduction

Dr. Raman Kishor, also known as "Gaon ka Doctor," is a dedicated young family physician who began his journey in the small village of Bahuarwa in the Darbhanga district of Bihar.

As the first doctor from his village, Dr. Kishor overcame significant social and economic challenges during his student life.

He completed his MBBS at Gaya Medical College and, driven by his passion for rural healthcare, pursued an MD in Community and Family Medicine at AIIMS Patna.

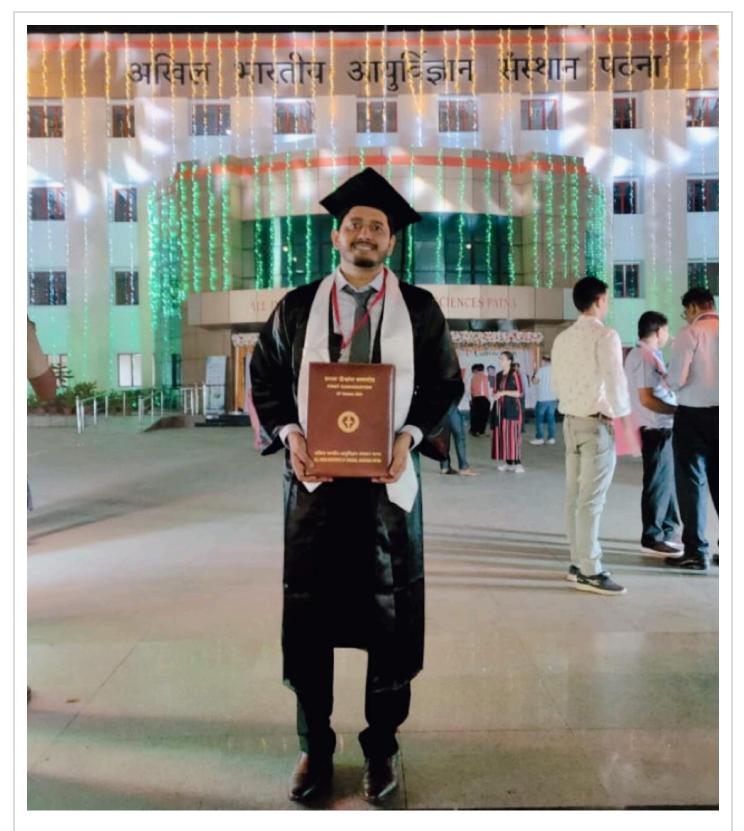


Dr. Raman Kishor M.B.B.S, M.D(AIIMS, PATNA)

Once a Survivor, Now a Beacon of Hope: A journey from a <u>Bookseller on a Footpath</u> to <u>AIIMS</u> and then <u>Back to the Footpath</u> to serve the underprivileged.

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Phase-1 Struggle for Survival: Memories of purchasing books and receiving bills , while working as a Bookseller on the Footpath at the Shyama Mandir, Darbhanga.



Phase-2 Celebrating Success: Memories of the Convocation as Dr. Raman Kishor, MD (AIIMS Patna).



Phase-3 Trying to become a Hope for those who are Struggling for Survival: Working as a "Gaon ka Doctor" on the Footpath.

Deeply Inspired by a Personal Loss

The untimely demise of his mother Lt. Prabha Devi due to late-stage cancer inspired Dr. Kishor to tackle the critical issue of delaved diagnosis in rural India. This personal tragedy became the foundation of his unwavering commitment to improving rural healthcare and ensuring that no one else suffers such preventable loss.



Lt. Prabha Devi

One of the largest rural healthcare providers in Bihar with its own resources

Over the past five years, Dr. Kishor has organized 205 free rural health camps across different districts of Bihar, benefiting over 31,000 individuals till Nov 2024.

These camps emphasize early diagnosis through essential tests such as blood pressure, blood sugar, hemoglobin, and ECG, coupled with the free distribution of medicines.

Driven by his mission to serve underserved communities, Dr. Kishor has pledged never to enter private practice, dedicating his life entirely to rural healthcare.



Spending 70-80% of his salary for Free Rural Healthcare.

Dr. Raman Kishor is currently working as a Senior Resident Doctor in a government medical college. From Monday to Saturday, he remains on duty. On Sundays and holidays, he visits remote villages in Bihar with his team, spending 70-80% of his salary on transportation, medical tests, and medicines. He has been doing this for the last five years.







Dr. Raman Kishor began his journey in a remote village in Darbhanga and progressed to one of India's most prestigious institutions, AIIMS Patna. He is the first doctor from his village.

Growing up in a remote area, Dr. Raman witnessed firsthand the many challenges rural communities face in accessing healthcare. He realized that the pain he felt was shared by countless families who might have been spared such grief if timely diagnoses and treatments had been available to them.

Despite this achievement, he chose to return and serve the villagers of Bihar, fulfilling his vision of accessible healthcare for rural communities.



Aim

To improve access to healthcare in rural areas by providing early diagnosis and treatment through free health camps, thereby reducing preventable deaths caused by delayed medical attention.

Objectives

Early Diagnosis

Conduct essential diagnostic tests such as blood pressure, blood sugar, hemoglobin levels, and ECGs to detect health issues at an early stage.



Provide Free Medication

Distribute necessary medicines to patients who cannot afford them, ensuring continuity of care.



Promote Preventive Healthcare

Raise awareness about common diseases and encourage preventive measures through community health education.



Iron-Folic Acid Distribution



Health Talk on Menstrual Hygiene & Sanitary Pads Distribution.



Health Education



Sanitary Napkin Vending Machine

Address Healthcare Gaps

Reach underserved populations in remote areas where access to healthcare facilities is limited or non-existent.





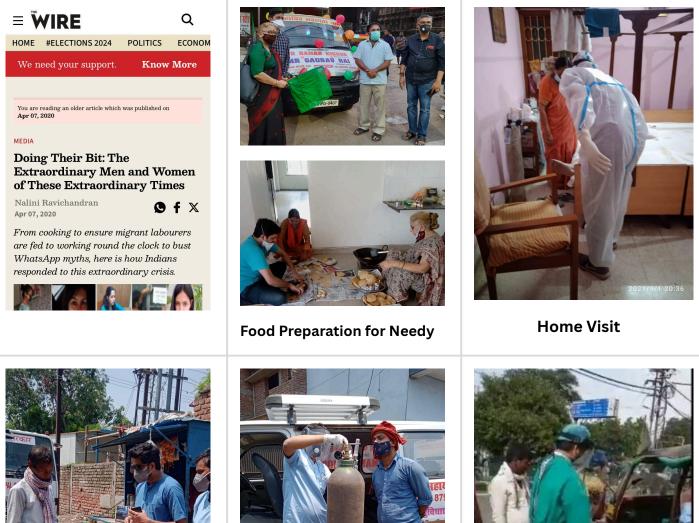
Special thanks to the team members, the strong pillars of this mission, who are working selflessly.



Dr. Raman Kishor: A COVID Warrior's Unwavering Commitment

During the COVID pandemic, while working at AIIMS Patna, Dr. Raman Kishor observed that many people were unable to secure admission to the hospital. Determined to help, he decided to take action for those in need.

He set up a COVID HELP VAN, equipped with emergency equipment, oxygen cylinders, public transport, sanitation machines, and food packets for the needy Spending his own salary.





Face Mask and Sanitizer Distribution

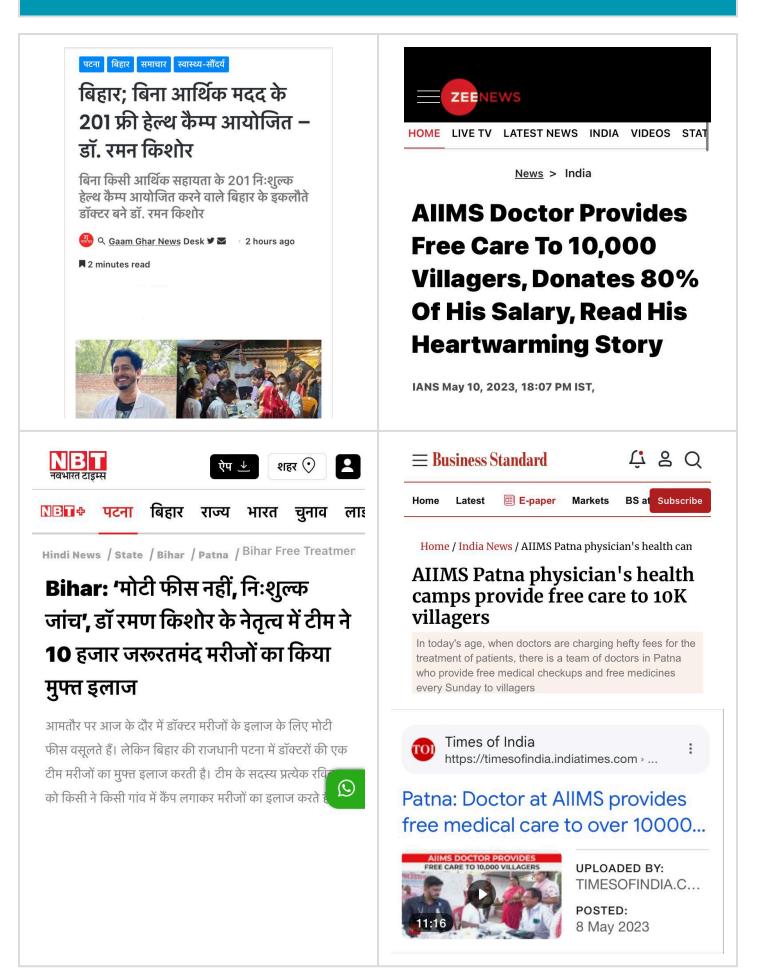


Oxygen Cylinder for Needy



Public Transport Sanitization

Media Gallery



Contact Us

Dr Raman Kishor

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Believe in the Impossible

Dreamers are often misunderstood.

The world will try to pull you back, but it's your belief in yourself that will propel you forward. Resist the pressure to conform. Trust your journey, for one day, the world will recognize you as a game-changer, and people will follow you.



Thank You